

From	Directions
BELLEVUE VIA I-405 & SR 520	North on I-405; East on SR 520. Exit at West Lake Sammamish Parkway (Marymoor Park). Turn left at bottom of the ramp. Follow to NE 85th Street; turn right onto NE 85th. Turn left at 161st Avenue NE. Turn right on NE 87th. Three building complex at the end of the block.
MERCER ISLAND VIA I-405 & SR 520	North on I-405; East on SR 520. Exit at West Lake Sammamish Parkway (Marymoor Park). Turn left at bottom of the ramp. Follow to NE 85th Street; turn right onto NE 85th. Turn left at 161st Avenue NE. Turn right on NE 87th. Three building complex at the end of the block.
BELLEVUE VIA BEL-RED ROAD	Northeast on Bel-Red Road. Follow West Lake Sammamish Parkway, past Marymoor Park. Follow to NE 85th Street; turn right onto NE 85th. Turn left at 161st Avenue NE. Turn right on NE 87th. Three building complex at the end of the block.
DUVALL	West on Duvall/Woodinville Road to Avondale Road. Left on Avondale Road. Right on 130th Avenue NE, which turns into 124th. Left on Woodinville/Redmond Road (Aka SR 202). Just before downtown, turn right on NE 87th Street (Redwood Animal Hospital on the corner). Three building complex on the immediate left.
FALL CITY CARNATION	West on SR 202 (Fall City-Redmond Road) into Redmond. Turn right on 164th Avenue NE (continuation of SR 202). Left on NE 87th. Immediate left into complex.
ISSAQUAH	North on East Lake Sammamish Parkway to Redmond. Merges into SR 202 and Redmond Way. Turn right on 164th Avenue NE (continuation of SR 202). Left on NE 87th. Immediate left into complex.
KIRKLAND	East on 85th Street (Central Way) to Redmond. 85th turns into Redmond Way. Left on 161st Avenue NE. Right on NE 87th Street. Three building complex at

	the end of the block.
NORTH BEND	West on I-90 to Issaquah exit. Follow directions for Issaquah. OR North on North Bend-Fall City Road. Follow directions for Fall City. OR West on I-90 to North I-405. Follow directions for Bellevue via I-405 & SR 520.
SEATTLE	East on SR 520. Exit at West Lake Sammamish Parkway (Marymoor Park). Turn left at bottom of the ramp. Follow to NE 85th Street; turn right onto NE 85th. Turn left at 161st Avenue NE. Turn right on NE 87th. Three building complex at the end of the block.
BOTHELL	South on I-405; East on SR 520. Exit at West Lake Sammamish Parkway (Marymoor Park). Turn left at bottom of the ramp. Follow to NE 85th Street; turn right onto NE 85th. Turn left at 161st Avenue NE. Turn right on NE 87th. Three building complex at the end of the block.
RENTON	North on I-405; East on SR 520. Exit at West Lake Sammamish Parkway (Marymoor Park). Turn left at bottom of the ramp. Follow to NE 85th Street; turn right onto NE 85th. Turn left at 161st Avenue NE. Turn right on NE 87th. Three building complex at the end of the block.

The FRC is conveniently located in downtown Redmond and is easily assessable by bus. The following buses will get you to the Redmond Park & Ride located at 8178 161st Avenue NE:

221, 230, 232, 248, 250, 251, 253, 265, 266, 291, 545, 922 and 929